

CONSENT & WAIVER OF RESPONSIBILITY

**HILLIARD MIDDLE-SENIOR HIGH SCHOOL
THE LADY FLASHES BASKETBALL CAMP**

I AGREE THAT ON BEHALF OF THE ENROLLED STUDENT NAMED ON THIS APPLICATION FORM, HILLIARD MIDDLE-SENIOR HIGH SCHOOL AND/OR THE LADY FLASHES BASKETBALL CAMP AND/OR THEIR STAFF, COACHES, OR EMPLOYEES WILL NOT BE HELD RESPONSIBLE FOR ANY INJURY, ACCIDENT, OR LOSS OF PROPERTY, HOWEVER CAUSED.

IT IS FURTHER AGREED THAT ALL RISKS INVOLVED IN PARTICIPATION IN SAID CAMP ARE ASSUMED BY THE STUDENT AND HER PARENT OR GUARDIAN, WHO ARE ALSO RESPONSIBLE FOR THE MEDICAL FITNESS OF THE ENROLLEE AND FOR ALL MEDICAL COSTS INCURRED IN CASE OF INJURY WHILE IN ATTENDANCE AT THE LADY FLASHES BASKETBALL CAMP.

I HAVE READ THE ABOVE AND CONSENT TO THE TERMS AS STATED.

.....
x PARENT/GUARDIAN SIGNATURE

.....
x DATE

DETACH AND MAIL TO:

**HILLIARD MIDDLE-SENIOR HIGH SCHOOL
1 FLASHES AVENUE
HILLIARD, FL 32046**

If you have any questions, please contact Hilliard Middle-Senior High School at (904) 845-2171.



THE LADY FLASHES COMPETE IN DISTRICT 6 OF CLASS 2A AGAINST THE FOLLOWING OPPONENTS:

- PROVIDENCE
- ST. JOHNS COUNTRY DAY
- ST. JOSEPH
- TRINITY CHRISTIAN
- UNIVERSITY CHRISTIAN

LADY FLASHES TRADITION

- 15 CONSECUTIVE PLAYOFF APPEARANCES
- 16 PLAYOFF WINS
- 5 ELITE EIGHT APPEARANCES '88,'91,'92,'95,'98
- 2 FINAL FOUR APPEARANCES – '88, '95
- 1 STATE RUNNER-UP – '88

LADY FLASHES BASKETBALL

**2010
GIRLS BASKETBALL CAMP**



AGES 8 - 13

**AUGUST 2 – AUGUST 5
10AM - NOON**

**"TRADITION, HONOR,
DESTINATION"**

CAMP INFORMATION

DATE: AUGUST 2 – AUGUST 5

TIME: 10AM – NOON

WHO: GIRLS AGES 8 – 13

COST: \$65

FACILITIES:

ALL CAMP ACTIVITIES WILL BE HELD IN FLASHES GYMNASIUM ON THE CAMPUS OF HILLIARD MIDDLE-SENIOR HIGH SCHOOL. THESE ARE THE SAME FACILITIES USED BY THE LADY FLASHES BASKETBALL TEAM.

CAMP PHILOSOPHY

THE LADY FLASHES GIRLS BASKETBALL CAMP IS DEDICATED TO PROVIDING AN OPPORTUNITY FOR PLAYERS OF ALL LEVELS TO DEVELOP AND IMPROVE THEIR BASKETBALL SKILLS THROUGH INSTRUCTION IN FUNDAMENTALS TAUGHT THE 'LADY FLASHES' WAY.

CAMPERS WILL BE DIVIDED INTO GROUPS BASED UPON AGE AND ABILITY LEVEL TO INSURE THE BEST POSSIBLE EXPERIENCE FOR EACH CAMPER. WE HOPE THAT ALL CAMPERS WILL ALSO ACQUIRE AN APPRECIATION FOR TEAMWORK, SPORTSMANSHIP AND THE ENJOYMENT OF COMPETITION THAT COMES WITH THE GAME OF BASKETBALL THROUGH A MEMORABLE CAMP EXPERIENCE.

CAMP DIRECTOR

HEAD COACH TARA FRANKLIN IS ENTERING HER FIRST SEASON AT THE HELM OF THE LADY FLASHES BASKETBALL PROGRAM. COACH FRANKLIN BRINGS WITH HER AN IMPRESSIVE RESUME HAVING BEEN A PART OF A STATE RUNNER-UP AND FINAL FOUR APPEARANCE AS BOTH A PLAYER AND A COACH.

THE LADY FLASHES COACHING STAFF AND THE LADY FLASHES BASKETBALL TEAM WILL ALSO INSTRUCT CAMPERS IN HOW TO PLAY BASKETBALL THE HILLIARD WAY.



LADY FLASHES FUNDAMENTALS

ALL CAMPERS WILL BE TAUGHT THE FOLLOWING SKILLS BY THE COACHING STAFF OF THE LADY FLASHES BASKETBALL TEAM:

- BALL HANDLING
- PASSING
- REBOUNDING
- SHOOTING FUNDAMENTALS
- DEFENSIVE FUNDAMENTALS
- SPECIALIZED POSITION SKILLS
 - POST PLAY
 - GUARD PLAY



CAMP SCHEDULE

- | | |
|----------------|------------------------|
| 10:00 – 10:15: | WARM-UP, GROUP STRETCH |
| 10:15 – 11:00: | FUNDAMENTAL PERIOD |
| 11:00 – 11:30: | LADY FLASHES DRILLS |
| 11:30 – NOON: | SCRIMMAGE |

CAMP APPLICATION

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____

PARENT/GUARDIAN: _____

EMERGENCY PHONE: _____

EMAIL: _____

AGE: _____ GRADE (2010-11): _____



**PAYMENT FOR CAMP SHOULD
ACCOMPANY YOUR APPLICATION**

MAKE CHECKS PAYABLE TO:

HILLIARD GIRLS BASKETBALL

ALL PROCEEDS GO TO SUPPORT THE LADY FLASHES
BASKETBALL PROGRAM